

THE FAMILY PROGRAM AT ALINA LODGE

We offer an extensive family program to assist in treating families during the recovery process which includes the full participation of the student. Our individualized Family Program is specifically designed to facilitate the recovery process to meet the needs of each family and their student. Families are encouraged to be participants in their own recovery from the devastation that addiction has caused.

Our Family Program was developed to:

- Encourage family members to learn more about addiction.
- Teach family members to place objective thought between their natural well-intended impulses and truly appropriate action in order to restore collapsed households and regain healthy structure.
- Work with family members to practice consistency and avoid behavior patterns which were unsuccessful.
- Help family members establish new guidelines and ways of communicating which will encourage the recovery process.



Our Residential Family Program is available to immediate family members over the age of 13. Participants are involved in a structured program which includes educational presentations concerning the disease of addiction, support and understanding gained in small group discussion, individual conference time designed to address personal issues and an introduction to Al-Anon family groups which are recommended for continuing support. We strongly encourage families to participate in the family program.

Ongoing family education and support is provided for immediate family members during Sunday visits throughout the stay of the student.



ALINA LODGE

1-800-575-6343 • www.alinalodge.org