



There is a place where Hope can become fact

ALINA LODGE

LITTLE HILL FOUNDATION - operating Alina Lodge & Haley House
Box G, Blairstown, NJ 07825 • Tel: 1-800-575-6343 • www.alinalodge.org



MARCH 2011

Gazing into the Looking Glass 2011 GOALS AND OBJECTIVES

Alina Lodge has been fortunate enough to weather our country's financial debacle rather well. Our endowment is intact, the facilities are gradually being upgraded and our treatment program remains as steadfast as ever, with enhancements. However, gazing into the looking glass, we see that we have more work to do in 2011 and beyond.



- The major focus of philanthropy must be the Annual Fund, including scholarships. Our Mission depends on it.
- The west wing of the Stone House is beyond repair and must be completely rebuilt. This project could be a naming opportunity.
- Family hall is aged and needs a face lift and new infrastructure- a very costly project.
- Our endowment, while healthy, must be enhanced. One way to build our Endowment is through estate gifts from generous benefactors. We have been fortunate to receive several bequests the last few years from loving friends and alumni. Please consider Alina Lodge in your estate planning.

Our clinical team has many new faces, due to retirements. Please visit with us at one of the spring luncheons and get to know our vibrant new team.

I am extending a personal invitation to you to call us if you are inclined to help with the above projects and all of us look forward to seeing you at the 2011 Gratitude Picnic on June 11th, for all friends and family of the Lodge. It is a wonderful event.

Seeing is believing.

Michael Hornstein

Michael Hornstein, Executive Director

GRATITUDE PICNIC June 11, 2011

featuring:

Dr. Michael Allison,
International AA Speaker,
22 years sober

Sue Costello, Comedian

Gary In The Morning - DJ

Alina Lodge
Through the Years
Photo Presentation

Pony rides, children's tent, clown, and great food throughout the day

The 2011 Gratitude Picnic is going to be a wonderful event this year! The day has a "family reunion" feel. It is a gathering of old friends, and it's where new friends are made. I hope you will join us this year.

Dr. Michael Allison of Dallas, TX is a VERY entertaining AA speaker who has spoken at the International Meeting of AA in Minneapolis, Miami, Louisiana, Vancouver, Houston, Laguna.

Sue Costello is a comedian, originally from Boston, who can be seen in the movie "The Fighter", and over the years has been seen on "NYPD Blue", and "Comedy Central". In addition to television, Sue was cast in such films as "Southie" and "Once in the Life,".

Photos of Alina Lodge including friends, family and alumni from 1957 - to 2011 will be running in the Chapel all day.

The day starts at 11am!

Call/Email

Renee Harman for more information
reeneh@alinalodge.org
800-575-6343



Annual Spring Conference



Friday, April 29
featuring
JUDY CRANE
from The Refuge

presenting



"Nuts and Bolts of Trauma Treatment"

Judy has over 2 decades of experience working in both residential and out-patient settings. In 2003 she brought her years of specialized training and her distinctive insights on treating trauma and addiction to create The Refuge-A Healing Place. The Refuge has grown to become one of the foremost leaders in treating Addiction, Trauma/PTSD under her leadership.

She earned her B.A. at Rutgers, M.A. from New York Institute of Technology and is a Certified Addiction Professional in Florida, Certified Sex Addiction Therapist, a

Continued on page 3

Certified Hypnotist, EMDR and a specialist for healing trauma and PTSD. Judy Crane's presentation and seminars on PTSD and sexual trauma resolution are known throughout the country. Judy's specialized training, experiential methods, and holistic concepts are now being provided through a Visceral, Spiritual, and Profound 5 module training, Spirit2Spirit.

The Refuge has grown from an adult residential facility to a full continuum of care center that can assist our clients from detox through to sober living.

Judy Crane has been able to put into practice this successful healing technique for the past decade. The conception that persistent addictions and chronic relapse is often the result of unresolved trauma is not unique to Judy Crane, yet she was able to found a treatment program in the tranquil setting of Ocklawaha, Florida in the midst of the Ocala National Forest allowing the surroundings to help in the healing process.

Rev. Leo conducts Spiritual Retreats for the students of Alina Lodge.

Leo Booth is an internationally acclaimed author, lecturer and trainer on all aspects of spirituality and recovery from depression, addictions, compulsive behaviors and low self-esteem. He is a Unity minister and holds a master's degree in theology from Kings College, London, England. He is also a certified addictions counselor. He visits the Lodge four times a year to conduct spirituality retreats for the men and women in treatment at Alina Lodge.



Spring Luncheon Dates

April 12th
featuring Gail and Al Hein,
Partners in Recovery

May 10th
speakers to be announced

We look forward to seeing you then!

Upcoming 2011 Alumni Gatherings

April, Minnesota
May 24, Connecticut
June 16, Ohio

For more information please contact Laurie at
800-575-5343 • lauriea@alinalodge.org
or visit us on Facebook.

Don't Get Bored with Your Program!

Bill Wilson said "We cannot afford to be bored with our program...the cost is too high"

SUGGESTIONS ARE:

- Mix Your Meetings Up! Go to Step Study, Big Book, Grape Vine, Speaker, Discussion, Women's, Men's, Gay or Lesbian, Morning, Afternoon or Night
- Add to Your Meetings with AA/NA Web Communication
- Sign Up For a Conference or Retreat
- Focus on a Newcomer
- Get a Coffee Commitment
- Take a Service Commitment, ie., Treasurer, Secretary, GSR etc.
- Take a Speaking Commitment or a Jail Commitment
- Have some sober people over for dinner
- Listen to some speaker CDs in the car or at home
- Practice Meditation
- Review Program Literature

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Save the Date. ♦ ♦



ALINA LODGE

GRATITUDE PICNIC

Saturday,
June 11, 2011

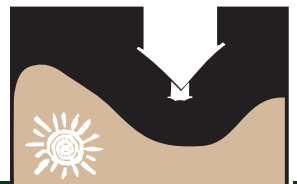
featuring
Entertainment, Great Food,
Fun & Fellowship

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SPONSORSHIPS AVAILABLE

*All proceeds to benefit the Lodge
and its treatment programs.*

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