



There is a place where Hope can become fact
ALINA LODGE

LITTLE HILL FOUNDATION - operating Alina Lodge & Haley House
 Box G, Blirstown, NJ 07825 • Tel: 1-800-575-6343 • www.alinalodge.org



2010 GRATITUDE PICNIC

JULY 2010

Thank you for a job well done. The 2010 Gratitude Picnic was a wonderful day of fellowship and friendship. It could not have been done without the committee's hard work and dedication.



More photos inside . . .



Message from the Executive Director

I would like to thank each and every person who helped to make our picnic an unbelievable success. We had over 350 people in attendance. The

food was superb thanks to our kitchen staff under the direction of Tommy Senkier. The good news was all food was donated by our purveyors. The majority of the staff volunteered their day to spend it with alumni, families and friends. Our students were able to observe alumni and friends having a great time at a sober party. The beverages were all soft! Mark Lundholm made us laugh and cry with a fantastic comedy show. The band was a highlight of the event for all, especially the students. It was led by alumnus Tony D., counselor Steve K., and special guest guitarist Andy Pace.

The Picnic has purposes other than fundraising. It is to provide a day of celebration, motivation and inspiration for all those who are connected to the Lodge. Former students returned and enjoyed a day on campus re-

membering all the difficult work that got them to the successful place they are today, and they enjoyed the fellowship of other former students, staff and family members. Our current students are inspired by observing people who live a life in recovery. It showed them they **CAN** rebuild and restart their lives.

We are all inspired by the successful lives our alumni have built and we are very grateful for your support. Since my arrival in August of 2008 Alina Lodge has provided 1,574 days of scholarship to students who are no longer able to pay the full cost of their final weeks of treatment. Haley House has provided 544 days while consistently holding the line on their budget every year. This is quite the accomplishment and I thank our donors for making this possible.

I would like to take this opportunity to welcome aboard two new counselors – Tara Maloney and Rob Lenz – they are welcome additions to the Lodge family.

- MICHAEL HORNSTEIN
 Executive Director

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2010 PROGRAM SPONSORS

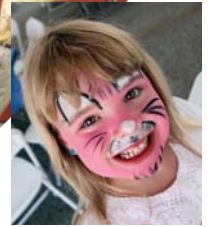
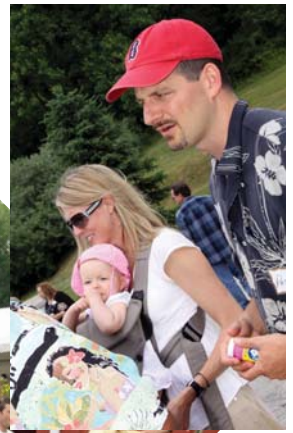
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2010 Gratitude Picnic Product Donations made by:

Ginny Davis
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Don Yurga & Dan Jensen
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VISIT OUR WEBSITE FOR MORE PICNIC PICTURES! www.alinalodge.org

A Student's Story

Following a short detox stay at Clearbrook in PA, I arrived at Alina with a scrap of willingness, a head full of self will and a major disconnect between my head and heart. It took me 6 months to submit a "Write-It" with some personal reflection on a lecture, rather than an intellectual critique of the presenter and content.

Once I recovered from the typical shell shock of Lodge arrival, I proceeded with a "want to want to recover" attitude. I was committed to walking the line and taking suggestion, and if I still wanted to drink after giving recovery my best shot, I'd go back.

Slowly but surely the Lodge helped me grow and change. I learned to stop asking, "Why?" because it was usually irrelevant. I began to understand the value of quiet time, of sitting still in personal reflection, of following rules because they made sense in the grand scheme of things. The need for immediate answers and attention shifted into the belief that all matters are addressed according to an order and direction independent of the clock in my head. I felt the energy, excitement and dynamism of the Big Book and AA history, and came to believe thanks to afternoon readings of the stories in the back of the book. I discovered that other women were true friends whose support and love endured struggle, strain and reluctance, and I joined them in a daily morning meditation group that helped me grow spiritually.

I went to Sunday services and felt the presence and beauty of divine guidance that exists wherever souls come together in grace. An extended exercise ban encouraged me to express my feelings rather than stamp, stomp or huff them out. I learned from former Executive Director Mark Schottinger's codependency workshops that time, attention and direction are the most important things I can give others. I let go of the selfish belief that my drinking only hurt me, and owned that my behavior brought emotional trauma to my loved ones.

I came to welcome the simplicity and sincerity of dated Father Martin and Rabbi Twersky videos, as well as the variety of Tuesday tapes to which we'd listen during weekly staffings. I celebrated every single annual holiday and my 32nd birthday safe, sober and with gratitude. I learned that life on life's terms is beautiful and blessed, and a day at a time without a drink is glorious.

Alina Lodge cleared my black, hollowed soul, filled it with light, soothed it with faith, and nurtured it with hope. I am forever grateful.

- Liz S.

Goodbye, Hello Board Members



It was time to say goodbye to Steve Berkowitz, Tim Case and Louis DeFrancesco whose term on the Board has come to an end. We thank them for all their years of service to Alina Lodge. Their commitment, generosity and dedication to the Mission of Alina Lodge and Haley House have made us stronger.

We welcome some faces back to the Board of Trustees including Rita Cohen, Isabel Heint, Susan Walsh, Hart Roberts and Wendy Kaufman. Each of

the new members arrives with great expertise and a strong understanding of our long term goals.

ROBERT PARSLEY
President, Board of Trustees

In Delaney's Words

Excerpts from her newsletter in November 1990
which could have been written today.
Some things never change!

"...I keep on...begging and keep on pleading and keep on trying to lead each day that the Lord will let me. BUT...I need YOUR help. I need the pennies, I need the dollars, I need the thousands..."

"...things are going along wild and wooly but each day our wonderful, dedicated staff do the job. When we see [alumni] come back to celebrate, have them call up to say thanks, enjoy the hundreds of letters that come, we know that with the leadership of the Lodge staff, graduates and friends, we can make a significant difference.

"People who want their loved ones well will promise you the world. They are looking for a miracle but cannot produce the promised funding. We have cut down on expenditures every place we can. We can't cut down on food, we have a dedicated staff who have families of their own and we do have to keep the place clean and neat.

"It's a difficult job but one in which you can be a strong link in the chain by contributing whatever you can in cold, hard cash from five cents to five million dollars—WELL I CAN DREAM, CAN'T I !! "

Cookbooks for Sale!



Taste of Gratitude II Alina Lodge favorite recipes – Old & New

Page after page of recipes from our first cookbook Our Special Share, and its update Taste of Gratitude are included along with new dishes given by staff,

former staff and friends of the Lodge and Haley House.

If you are interested in purchasing a copy of our cookbook they are available for \$15 each.

Please contact Renee or Leslie in the Development Office for your copy!

Alumni Coordinator



We welcome Laurie Powell
as our new Alumni Coordinator.

Laurie started in this position in April of this year and is off to an ambitious start! She has been calling alumni, touching base with old friends and making new ones too.

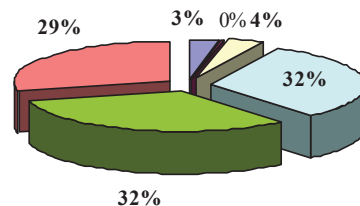
Laurie may be calling you to invite you to celebrate your anniversary, organize alumni gatherings, attend a luncheon or to speak to students.

If you are interested in any of these events, please email Laurie at lauriep@alinalodge.org.

SPRING ANNIVERSARIES CELEBRATED AT THE LODGE

Bill B.	24 yrs.
Michael N.	26 yrs.
Rico G.	1 yr.
Liz T.	10 yrs.
Amy D.	1 yr.

2010 Donor Support by Program



- Stewardship - Buildings & Grounds
- Counseling Program
- Health, Wellness & Physical Environment
- Leadership & Outreach
- Scholarship Program
- Greatest Need 2010

Chart = YTD 2010 donations as of June 2010

The first six months of 2010 have flown by and we would like to thank all of our 2010 Program Sponsors who have invested in Alina Lodge and Haley House this year. We have never sustained our mission on fees alone. We have done it with the help of many friends, families and alumni. Your contribution has made a difference in the lives of our students.

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10 Therapeutic Insights of Spirituality in Recovery

REVEREND LEO BOOTH

from

Spiritual Concepts

Friday, October 15, 2010

8:30am – 4:00pm

\$60.00

Buffet Lunch provided

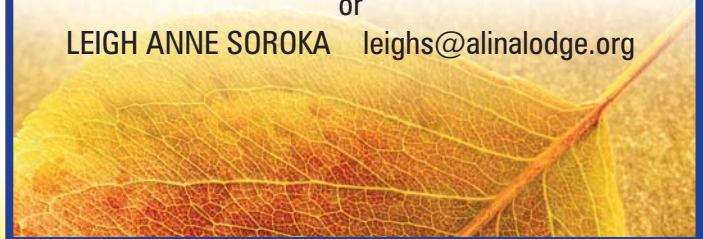
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For more information or to register please contact:

LAURIE POWELL lauriep@alinalodge.org

or

LEIGH ANNE SOROKA leighs@alinalodge.org



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